

# National Headache Symposium 2019 Kolkata

## Program

<b>6th April 2019, Saturday</b>			
<b>Registration: 8.00 am to 8.30 am</b>			
<b>Inauguration: 8.30 am - 8.45 am</b>			
<b>Anchor Day 1: Dr Ankit Mundra</b>			
<b>Session 1: Invited Talk: 8.45 am - 9.00 am</b>			
Time	Topic	Presenter	Chairpersons
8.45 am - 9.00 am	Ethics in Scientific Research	Dr K C Ghosh	Dr Sandip Pal (Kolkata)  Dr Ashish Dutta (Kolkata)
<b>Session 2: Clinical Cases 1 9.00 am - 9.45 am</b>			
Time	Topic	Presenter	Chairpersons
9.00 am - 9.10 am (8 Minutes Presentation + 2 Minutes Discussion)	When the lightning struck twice: the story of a 38 year old gentleman	Dr Atanu Biswas (Kolkata)	Dr S P Saha (Kolkata)  Dr Jayanta Roy (Kolkata)
9.10 am - 9.20 am (8 Minutes Presentation + 2 Minutes Discussion)	When a Neurologist Confronts Otaglia	Dr Ramesh Bhattacharrya (Kolkata)	Dr Prasenjit Sengupta (Kolkata)
9.20 am - 9.30 am (8 Minutes Presentation + 2 Minutes Discussion)	Recurrent headaches and hemiparesis in a young male	Dr Biman Kanti Roy (Kolkata)	Dr R Chaurasia (Varanasi)
9.30 am – 9.45 am (15 Minutes Discussion)	Round Up of Session 2		
<b>Session 3: Headache Epidemiology 9.45 am – 10.30 am</b>			
9.45 am – 10.00 am (15 Minutes Presentation)	Burden Of Headache in India: Do We Know Enough?	Dr Girish Kulkarni (Bangalore)	Dr AV Srinivasan (Chennai)
10.00 am -10.15 am (15 Minutes Presentation)	Atherosclerosis and Migraine: An Emerging Risk	Dr M V Padma (Delhi)	Dr Kalyan Bhattacharya (Kolkata)

	Association		
10.15 am -10.30 am (15 Minutes Discussion)	Round Up Of Session 3		Dr Alok Pandit (Kolkata)
<b>Tea 10.30 Am 11.00 Am</b>			
<b>Session 4: Diagnosis of Migraine 11.45 am – 12.00 Noon</b>			
11.00 am – 11.15 am (15 Minutes Presentation)	Diagnosis of Migraine in a Busy Clinic: Points You Should Not Miss	Dr Sanjay Prakash (Baroda)	Dr Pahari Ghosh (Kolkata)  Dr Atul Aggarwal (Lucknow)  Dr Prasenjit Chakraborty (Kolkata)  Dr Arijit Chatterjee (Kolkata)
11.15 am – 11.30 am (15 Minutes Presentation)	Migraine With Aura: Clinical Clues For Diagnosis	Dr M V Francis (Alleppy)	
11.30 am -11.45 am (15 Minutes Presentation)	Uncommon Migraines: Why Should You Bother?	Dr Thomas Mathew (Bangalore)	
11.45 am – 12.00 noon (15 Minutes Presentation)	Round Up of Session 4		
<b>Session 5: HSI Presidential Oration 12.00 Noon – 1.00 pm</b>			
12.00 noon – 12.10 pm	Introduction of The Orator	Dr Debashish Chowdhury	Dr Devika Nag (Lucknow)
12.10 pm - 12.55 pm (45 Minutes Presentation)	"My Journey In 'Headache Medicine"- A Personal Perspective	Dr K Ravishankar (Mumbai)	Dr Ashok Panagaria (Jaipur)  Dr Meena Gupta (Delhi)
12.55 pm - 1.00 pm	Felicitation Of The Orator		
<b>Session 6: 1<sup>st</sup> Day Quiz on Headache Disorders 1.00 pm – 1.15 pm</b>			
Quiz Master		Dr Gurubax Singh (Delhi)	
<b>Lunch 1.15 pm -2 pm</b>			
<b>Session 7: Hot Topics in Headache Medicine 1 2 pm - 3 pm</b>			
2.00 pm – 2.15 pm	Migraine and vertigo	Dr U Meenakshi	Dr C S

(15 Minutes Presentation)		Sundaram	Aggarwal (Delhi)
2.15 pm – 2.30 pm (15 Minutes Presentation)	Sleep In Migraine: Tips For The Physicians	Dr Manjari Tripathi (Delhi)	Dr Amitava Ghosh (Kolkata)
2.30 pm – 2.45 pm (15 Minutes Presentation)	Low Intracranial Pressure Headaches: How To Recognize and How To Treat	Dr Satish Khadilkar (Mumbai)	Dr R K Garg (Lucknow)
2.45pm – 3.00 pm (15 Minutes Presentation)	Migrainalepsy: Does It Exist?	Dr Pradeep Nair (Pondicherry)	Dr G. P. Mondal (Kolkata)
3.00 pm – 3.15 pm (15 Minutes Presentation)	Round Up Of Session 7		
<b>Session 8: Practical Management of Migraine in Day to Day Practice 3.15 pm – 4.15 pm</b>			
3.15 pm -3.30 pm (15 Minutes Presentation)	Acute Treatment: Choices And Usage Guidelines	Dr Sumit Singh (Gurugram)	Dr Roop Gursahani (Mumbai)
3.30 pm -3.45 pm (15 Minutes Presentation)	Preventive Treatment: When To Start, How To Choose, How Long To Give	Dr Rohit Bhatia (Delhi)	Dr Gautam Guha (Kolkata)
3.45 pm – 4.00 pm (15 Minutes Presentation)	Gepants and Mabs in Migraine	Dr Debashish Chowdhury (Delhi)	Dr Ajay Kumar Singh (Patna)
4.00 pm – 4.15 pm	Round Up of Session 8		Dr Buchi Raju (Vizac)
<b>Tea 4.15 pm - 4.30 pm</b>			
<b>Session 9: Worrisome Headaches 4.30 pm - 5.30 pm</b>			
4.30 pm – 4.45 pm (15 Minutes Presentation)	Chronic migraine: anything to worry about?	Dr Sanjiv Kumar Bhoi (Bhubaneshwar)	Dr Ashok Kayal (Guwahati)
4.45 pm – 5.00 pm (15 Minutes Presentation)	RCVS: Dilemmas and Solutions	Dr Vivek Mathew (Vellore)	Dr Ajaya Mahanta (Guwahati)
5.00 pm – 5.15 pm (15 Minutes Presentation)	Cough Headaches	Dr Adreesh Mukherjee (Kolkata)	Dr R N Sahoo (Cuttack)
5.15 pm -5.30 pm	Round Up of Session 9		

(15 Minutes discussion)			Dr A K Thakkar (Lucknow)
<b>Session 10: Headache In Special Groups 5.30 pm – 6.30pm</b>			
5.30 pm – 5.45 pm (15 Minutes Presentation)	Treating Migraine During Pregnancy and Lactation: Important Tips	Dr Rajiv Anand (Delhi)	Dr Ravishankar Naik (Belgaon)
5.45 pm – 6.00 pm (15 Minutes Presentation)	Pediatric Migraine: Must Know For The Physicians	Dr M V Francis (Alleppy)	Dr Narayan Upadhyay (Dibrugarh)
6.00 pm – 6.15 pm (15 Minutes Presentation)	Infantile colic, Abdominal migraine and IBS	Dr N R Halder (Siliguri)	Dr L D Pari (Cuttack)
6.15 pm – 6.30 pm (15 Minutes Presentation)	Headache In Elderly: Diagnosis And Management Tips	Dr Suman Kushwaha (Delhi)	Dr Ajay Kumar Singh (Lucknow)  Dr Suraj Singh (Manipur)
6.30 pm -6.45 pm (15 Minutes discussion)	Round Up of Session 10		
<b>Session 11: Wrestling With Headaches 6.45 pm – 7.45 pm</b>			
			<b>Judges</b>
6.30 pm - 6.40 pm (8 Minutes Presentation + 2 Minutes Discussion)	<b>Team A: Case 1</b>  When a painter gets acute headaches	Dr Ruby Chopra (Bhatinda)	Dr K Vijayan (Coimbatore)
6.40 pm - 6.50 pm (8 Minutes Presentation + 2 Minutes Discussion)	<b>Team B: Case 2</b>  A curious case of an young girl with headaches, fits and focal deficits	Dr Amit Shankar Singh (Mohali)	Dr Pravar Passi (Indore)
6.50 pm -7.00 pm (8 Minutes Presentation + 2 Minutes Discussion)	<b>Team C: Case 3</b>  All brawn & no brains: A recipe for Disaster	Dr Abhilekh Srivastava (Delhi)	Dr Ramadoss Kalidoss (Coimbatore)
7.00 pm – 7.10 pm (8 Minutes Presentation + 2 Minutes Discussion)	<b>Team D: Case 4</b>  A matter of heart and brain: Breathless with headaches	Dr Kamakshi Dhamija (Rohtak)	Dr M Jawahar (Chennai)  Dr B K Bajaj (Delhi)  Dr H S Malhotra (Lucknow)

7.10 pm – 7.20 pm (8 Minutes Presentation + 2 Minutes Discussion)	<b>Team E: Case 5</b>  Opening up the Medusa Head: An unusual verse in Headache	Dr Soumyadarshan Nayak (Bhubaneshwar)	
7.20 pm – 7.30 pm (8 Minutes Presentation + 2 Minutes Discussion)	<b>Team F: Case 6</b>  When dysautonomia happens in a late onset headache	Dr Nirendra Rai (Bhopal)	
<b>Dinner</b>			

<b>7th April 2019, Sunday</b>			
<b>Anchor Day 2: Dr Debabroto Dutta</b>			
<b>Session 12:</b> <b>Headache Spotter Challenge: Early Bird Winners</b> Dr Gurubax Singh (Delhi) <b>8.00 am - 8.15 am</b>			
<b>Session 13:</b> <b>Invited Talk:</b> <b>8.15 am - 8.30 am</b>			
Time	Topic	Presenter	Chairpersons
8.15 am - 8.30 am	Ethical Concerns in Trials of migraine preventives	Dr Tapas Banerjee (Kolkata)	Dr Angshuman Mukherjee (Kolkata)  Dr Binod Sharma (Dibrugarh)
<b>Session 14:</b> <b>Award Research Papers</b> <b>8.30 am – 9.00 am</b>			
8.30 am - 8.40 am (8 minutes presentation + 2 minutes discussion)	Paper 1	TBA	Dr B K Kunwar (Cuttack)
8.40 am -8.50 am (8 minutes presentation + 2 minutes discussion)	Paper 2	TBA	Dr Sudhir Ranjan (Ranchi)
8.50 am -9.00 am (8 minutes presentation + 2 minutes discussion)	Paper 3	TBA	Dr Aralikatte Onkarappa Saroja

			(Belgaon)
<b>Session 15:</b> <b>Clinical Cases 2</b> <b>9.00 am - 9.45 am</b>			
Time	Topic	Presenter	Chairpersons
9.00 - 9.10 am (8 minutes presentation + 2 minutes discussion)	A tricky and unusual case of secondary headache	Dr Anshu Rohatgi (Delhi)	Dr Anup Bhattacharya (Kolkata)
9.10 - 9.20 am (8 minutes presentation + 2 minutes discussion)	An unusual case of secondary headache: Stumped but not bowled	Dr Jyoti Bala Sharma (NOIDA)	Dr Yashpal Sharma (Dehradun)
9.20 am - 9.30 am (8 minutes presentation + 2 minutes discussion)	A Headache that appeared after the meningioma was gone	Dr Vibhor Pardasani (Mumbai)	Dr Sandeep Goel (Jalandhar)
9.30 am – 9.40 am (10 minutes discussion)	Round up of session 15		Dr Vijaya (Guntur)
<b>Session 16:</b> <b>Enigmatic Headaches</b> <b>9.40 am – 10.30 am</b>			
9.40 am – 9.55 am (15 minutes presentation)	Tension type Headache: tension in mind or muscles?	Dr Sanjay Prakash (Baroda)	Dr Sudhir Shah (Ahmedabad)
9.55 am -10.10 am (15 minutes presentation)	NDPH: an enigma in headache medicine	Dr Sumit Singh (Gurugram)	Dr Avijit Chatterjee (Kolkata)
10.10 am -10.25am	Headache Associated With Sexual Activity	Dr Ambar Chakrovarty (Kolkata)	Dr Manoj Gulhane (Nasik)
			Dr B K Pankaj (Bokaro)
10.25-10.35 am (10 minutes discussion)	Round up of session 16		
<b>Tea</b> <b>10.35 am - 11.00 am</b>			
<b>Session 17:</b> <b>Severe and Difficult to Treat Headaches</b>			
11.00 am – 11.25 am (25 minutes presentation)	TACs: diagnosis and management	Dr K Ravishanaker (Mumbai)	Dr N N Sarangi (Kolkata)

11.25 am -11.50 am (25 minutes presentation)	Medication overuse headache	Dr Ambar Chakrovarty (Kolkata)	Dr Anupam Dasgupta (Kolkata)
11.50 noon -12.00 noon (10 minutes discussion)	Round up of session 17		Dr Gautam Ganguly (Kolkata)
<b>Session 18: CPC 12.00 noon – 1.00 pm</b>			
12.00 pm – 12.15 pm	CPC case: History and examination	Dr Debashish Chowdhury (Delhi)	Dr R M Dhamija (Delhi)
12.15 pm – 12.30	Audience interaction		Dr Arabinda Mukherjee (Kolkata)
12.30 -12.45	Differential and final diagnosis		
12.45 pm- 1.00 pm (15 Minutes discussion)	Round up of CPC		Dr Geeta Khwaja (Delhi)
<b>Session 19: 2<sup>nd</sup> Day Quiz on Headache Disorders 1.00 pm – 1.15 pm</b>			
Quiz Master		Dr Arun Koul (Delhi)	
<b>Lunch 1.15 pm - 2 pm</b>			
<b>Session 20: Hot topics in Headache Medicine 2 2 pm - 3.30 pm</b>			
2.00 pm – 2.15 pm (15 minutes presentation)	Cervicogenic headache: A separate disease or a migraine variant?	Dr Subhash Kaul (Hyderabad)	Dr Achal Srivastava (Delhi)  Dr Ashok Kumar Singh (Patna)  Dr Prasen Ranjan (Patna)
2.15 pm – 2.30 pm (15 minutes presentation)	Supraorbital Neuralgia: It is uncommon?	Dr Sanjay Sharma (Raipur)	
2.30 pm – 2.45 pm (15 minutes presentation)	Trigeminal Neuralgia versus SUNCT: distinct entities or a continuum?	Dr V Paliwal (Lucknow)	
2.45 pm – 3.00 pm (15 minutes)	Bath related headaches: A new entity?	Dr Gunjan Kumar (Patna)	

presentation)			Dr Udayan Narayan (Patna)
3.00 pm – 3.15 pm (15 minutes presentation)	Epicrania fugax: what is this?	Dr Gopi Seepana (Vizac)	
3.15 pm – 3.30 pm (15 Minutes discussion)	Round up of session 20		
<b>Session 21: Gadgets, Injections and Blocks in Headache disorders 3.30 pm – 4.30 pm</b>			
3.30 pm – 3.45 pm	Botulinum toxin in Chronic migraine: current status	Dr Hrishikesh Kumar (Kolkata)	Dr Debashish Chowdhury (Kolkata)
3.45 pm – 4.00 pm	GONB in headache disorders: is there any evidence?	Dr Ashish Duggal (Delhi)	Dr Ramakant Yadav (Saifee)
4.00 pm – 4.15 pm.	New Gadgets in Chronic and refractory migraine	Dr Lakshmi Narasimhan (Chennai)	
4.15 pm - 4.30 pm	Video demonstration of Botulinum toxin injection and GONB	Dr Debashish Chowdhury (Delhi)	Dr Rahul Kumar (Patna)  Dr Ashok Kumar (Patna)  Dr Avinash Chandra Singh (Varanasi)
4.30 pm - 4 .45 pm	Round up of session 20		
<b>Conclusion and High Tea</b>			